TEMPLE

The Old Testament is often a physical picture, even a foretelling of what was to come: first the natural then the spiritual (1 Corinthians 15:46). A good example of this is the temple, which housed the Ark of God. This is a picture of God's intention for us, which we now experience – we are the temple of God and the Holy Spirit dwells within us.

1 Corinthians 3:16

"Do you not know that you are a temple of God, and {that} the Spirit of God dwells in you?"

Notice here it says God lives in us and no longer in a box (Ark) or a building. This is designed to enable us to be led by the Spirit (Romans 8:14), to have all things disclosed to us (John 16:13), and to be taught as we go (1 John 2:27).

1 John 2:27

"And as for you, the anointing which you received from Him abides in you, and you have no need for anyone to teach you; but as His anointing teaches you about all things, and is true and is not a lie, and just as it has taught you, you abide in Him."

Our bodies are special and something that we are to be of good stewards; not defiling through immorality (1 Corinthians 6:18), abuse in any way; not through excessive use of alcohol, food, or through any other practice that could harm it, like smoking.

1 Corinthians 6:19-20

"Or do you not know that your body is a temple of the Holy Spirit who is in you, whom you have from God, and that you are not your own?

For you have been bought with a price: therefore glorify God in your body."

1 Corinthians 6:12-13

"All things are lawful for me, but not all things are profitable. All things are lawful for me, but I will not be mastered by anything.

Food is for the stomach, and the stomach is for food; but God will do away with both of them. Yet the body is not for immorality, but for the Lord; and the Lord is for the body."

Our bodies (temples) are not bad, but good. We are God's workmanship, created for good works (Ephesians 2:10). God makes no mistakes, so we must embrace all we are, including our own bodies and not be in disagreement with God about it.

Romans 9:20

"On the contrary, who are you, O man, who answers back to God? The thing molded will not say to the molder, 'Why did you make me like this,' will it?"